

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 1

Generated on: 4/10/2017 1:30:59 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
Mon - 04/10/2017					
K-5 BREAKFAST	Total				
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	2.00	9	26.0
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
APPLESAUCE CND UNSWT USDA	1/2 CUP	53	1.03	11	14.46
ORANGE WHOLE:138ct	1/2 EACH	31	1.60	*N/A*	7.83
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
K-5 Lunch	Total				
BOWL CHICK NUG POTATO USDA-NEW	SERVING	373	3.59	3	43.04
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
SAND HOT CHICK PATTY USDA	1 sandwich	338	4.00	3	40.0
SAND COLD HAM WHITE WG USDA	1 EACH	287	2.00	3	31.31
SALAD ENT CHEF SYS EL	PORTION	180	1.42	2	10.1
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
ZUCCHINI FRESH 1/2 C	1/2 CUP	11	0.64	0	1.93
APPLE 125-138 CT-HALF	1 EACH	65	2.50	*N/A*	17.0
PEACHES DICED CND	1/2 CUP	50	0.00	10	11.99
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
Weighted Daily Average		341	3.98	*33	59.18
% of Calories				*38.6%	69.4%
Nutrient Guideline		400-500			

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
Tue - 04/11/2017					
K-5 BREAKFAST	Total				
PARFAIT STRAWBERRY BANANA:K12	1 parfait	295	4.67	*N/A*	63.3
CRACKER GRAHAM:2pk	2 pkg	172	1.91	*N/A*	30.55
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
PINEAPPLE TIDBITS CND	1 CUP	135	1.93	29	30.86
APPLE 125-138 CT	EACH	130	5.00	*N/A*	34.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 2

Generated on: 4/10/2017 1:30:59 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
K-5 Lunch	Total				
CHEESY BREADSTICK W/ SAUCE USD	1 EACH	313	2.94	5	28.83
HOT DOG TURKEY WW WHITE	1 EACH	270	2.00	3	27.0
SAND COLD TURKEY WHITE WG USDA	1 EACH	273	2.00	3	31.91
SALAD ENT CHICK CAESAR USDA EL	PORTION	103	0.61	0	6.01
CRACKER SCOOBY GRAHAM SNACK	1 EACH	120	1.00	*N/A*	21.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
BROCCOLI FRESH	1/2 CUP	15	1.14	1	2.92
ORANGE BITES:138ct	1/2 cup	63	3.20	*N/A*	15.66
STRAWBERRIES	1/2 cup	24	1.52	4	5.84
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
MAYONNAISE RED FAT USDA	2 tsp	47	0.00	0	0.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
Weighted Daily Average		550	8.62	*37	116.29
% of Calories				*26.8%	84.6%
Nutrient Guideline		400-500			

Wed - 04/12/2017					
K-5 BREAKFAST	Total				
SAND BRKFST EGG/CH BUN SYS	1 EACH	271	2.00	*3	27.01
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
FRUIT MIX XTRA LT USDA 1 C	1 CUP	120	0.00	26	34.0
BANANAS:150ct	1 EACH	0	0.00	0	0.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
K-5 Lunch	Total				
SAND HOT GRILLED CH WhtWG USDA	1 sandwich	310	2.00	5	32.0
SOUP TOMATO	3/4 cup	135	1.50	18	30.05
SAND BURGER CHEESE SYS EL	1 EACH	315	2.00	3	29.0
SAND COLD AMER SUB WWW USDA EL	1 EACH	270	2.20	*4	30.01
SALAD ENT CHEF USDA EL	PORTION	169	1.92	2	11.2
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
BEANS GARBANZO 1/2 CUP	1/2 CUP	166	0.00	0	27.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
APPLE 125-138 CT-HALF	1 EACH	65	2.50	*N/A*	17.0
PINEAPPLE TIDBITS CND	1/2 CUP	68	0.96	14	15.43
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
Weighted Daily Average		386	1.99	*33	60.11
% of Calories				*34.6%	62.3%
Nutrient Guideline		400-500			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 3

Generated on: 4/10/2017 1:30:59 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
Thu - 04/13/2017					
K-5 BREAKFAST	Total				
BRKFST UBR CINNAMON 1 GRAIN	1 EACH	160	3.75	11	26.01
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
ORANGE WHOLE:138ct	1/2 EACH	31	1.60	*N/A*	7.83
PINEAPPLE TIDBITS CND	1/2 CUP	68	0.96	14	15.43
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
K-5 Lunch	Total				
SAND COLD GRANDSLAM SUB EL USD	1 EACH	227	2.80	*4	25.19
CHIP TORTILLA:bulk	2 oz	283	2.02	0	34.42
HOT DOG TURKEY WW WHITE	1 EACH	270	2.00	3	27.0
SALAD ENT TACO BEEF USDA EL	1 SALAD	407	4.48	*1	35.73
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	4.75	4	24.0
Baseball Card	1	*N/A*	*N/A*	*N/A*	*N/A*
SALAD MIX	1/2 CUP	6	0.49	0	1.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
CORN WHOLE KERNEL CND 1/2 C	1/2 CUP	78	2.20	3	18.0
ORANGE BITES:138ct	1/2 cup	63	3.20	*N/A*	15.66
APPLESAUCE CND UNSWT USDA	1/2 CUP	53	1.03	11	14.46
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
MUSTARD	1 TBSP	0	0.00	0	0.0
Weighted Daily Average		329	5.33	*35	58.56
% of Calories				*42.7%	71.2%
Nutrient Guideline		400-500			

Fri - 04/14/2017					
K-5 BREAKFAST	Total				
PANCAKE ON A STICK: TRK SSG WG	1 EACH	170	3.00	6	18.0
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
APPLE 125-138 CT	EACH	130	5.00	*N/A*	34.0
PEACHES XTRA LT DCD USDA 1/2 C	1/2 CUP	53	1.30	13	13.99
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 4

Generated on: 4/10/2017 1:30:59 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
K-5 Lunch	Total				
MAC & CHEESE WG CONV WA COMM	SERVINGS	300	2.00	4	36.0
CORN DOG CHICKEN	1 corn dog	243	5.06	5	30.37
SAND COLD TUNA FRANZ WW	1 sandwich	349	4.00	*0	28.0
SALAD ENT CHEF USDA EL	PORTION	169	1.92	2	11.2
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
PEAS GREEN FROZEN 1/2 C	1/2 CUP	62	4.40	*N/A*	11.41
APPLE 125-138 CT-HALF	1 EACH	65	2.50	*N/A*	17.0
BANANAS PETITE:150ct	1 EACH	105	3.07	*N/A*	26.95
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
MAYONNAISE RED FAT USDA	1 tsp	23	0.00	0	0.0
SALSA BASE:cnd	1/8 cup	10	0.70	*0	2.32
Weighted Daily Average		363	6.29	*30	63.19
% of Calories				*33.4%	69.6%
Nutrient Guideline		400-500			

Mon - 04/17/2017					
K-5 BREAKFAST	Total				
FRENCH TOAST STICKS:1.75G	3 sticks	226	1.51	11	32.42
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
PINEAPPLE TIDBITS CND	1/2 CUP	68	0.96	14	15.43
APPLE 125-138 CT	EACH	130	5.00	*N/A*	34.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
K-5 Lunch	Total				
SAND HOT BBQ RIB BEEF USDA EL	1 EACH	306	3.00	11	37.15
SAND HOT CHICK PATTY USDA	1 sandwich	338	4.00	3	40.0
SAND COLD AMER SUB WWW USDA EL	1 EACH	270	2.20	*4	30.01
SALAD ENT CHEF SYS EL	PORTION	180	1.42	2	10.1
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
ZUCCHINI FRESH 1/2 C	1/2 CUP	11	0.64	0	1.93
PEACHES DICED CND	1/2 CUP	50	0.00	10	11.99
BLUEBERRIES FROZEN	1/2 CUP	80	2.00	16	19.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
Weighted Daily Average		442	5.27	*36	79.10
% of Calories				*32.6%	71.6%
Nutrient Guideline		400-500			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 5

Generated on: 4/10/2017 1:30:59 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
Tue - 04/18/2017					
K-5 BREAKFAST	Total				
SAND BRKFST EGG/CH BUN SYS	1 EACH	271	2.00	*3	27.01
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
PEARS XTRA LT DCD USDA 1/2 C	1/2 cup	60	2.00	12	16.0
ORANGE WHOLE:138ct	1/2 EACH	31	1.60	*N/A*	7.83
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
K-5 Lunch	Total				
TACO BEEF SOFT 8" USDA EL	1 EACH	273	3.25	*2	25.81
HOT DOG TURKEY WW WHITE	1 EACH	270	2.00	3	27.0
SAND COLD ITALIAN SUB USDA EL	1 EACH	310	2.20	*3	28.14
SALAD ENT CHICK CAESAR USDA EL	PORTION	103	0.61	0	6.01
ROLL DINNER WG 1.75 G RICH'S	1 EACH	140	4.75	4	24.0
BREADSTICK WG RICH'S 1 OZ	1 EACH	70	1.50	1	13.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
BROCCOLI FRESH	1/2 CUP	15	1.14	1	2.92
ORANGE BITES:138ct	1/2 cup	63	3.20	*N/A*	15.66
FRUIT MIX XTRA LT USDA 1/2 C	1/2 CUP	60	0.00	13	17.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
MAYONNAISE RED FAT USDA	2 tsp	47	0.00	0	0.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
Weighted Daily Average		383	4.77	*30	60.98
% of Calories				*31.2%	63.7%
Nutrient Guideline		400-500			

Wed - 04/19/2017					
K-5 BREAKFAST	Total				
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	2.00	9	26.0
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
FRUIT MIX XTRA LT USDA 1 C	1 CUP	120	0.00	26	34.0
BANANAS:150ct	1 EACH	0	0.00	0	0.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 6

Generated on: 4/10/2017 1:31:00 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
K-5 Lunch	Total				
SAND HOT MEATBALL SUB USDA EL	1 EACH	369	3.88	5	34.85
SAND BURGER CHEESE SYS EL	1 EACH	315	2.00	3	29.0
SAND COLD TURKEY WHITE WG USDA	1 EACH	273	2.00	3	31.91
SALAD ENT CHEF USDA EL	PORTION	169	1.92	2	11.2
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
BEANS VEGETARIAN LO NA 1/2 C	1/2 CUP	119	5.20	10	26.85
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
APPLE 125-138 CT-HALF	1 EACH	65	2.50	*N/A*	17.0
PINEAPPLE TIDBITS CND	1/2 CUP	68	0.96	14	15.43
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
Weighted Daily Average		352	1.99	*37	59.56
% of Calories				*41.8%	67.7%
Nutrient Guideline		400-500			

Thu - 04/20/2017					
K-5 BREAKFAST	Total				
ROLL CINNAMON WG RICHS 2 G	1 EACH	180	3.00	10	37.0
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
APPLE 125-138 CT	EACH	130	5.00	*N/A*	34.0
PEACHES XTRA LT SL USDA 1/2C	1/2 CUP	53	1.30	13	13.99
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
K-5 Lunch	Total				
PRETZEL SOFT 51% WG	1 EACH	140	3.00	1	30.0
SAUCE CHEESE CHEDDAR WA COMM	1 OZ	48	0.00	0	1.38
SAND HOT CHICK PATTY USDA	1 sandwich	338	4.00	3	40.0
SAND COLD TUNA FRANZ WW	1 sandwich	349	4.00	*0	28.0
SALAD ENT CHICK CAESAR SYS EL	PORTION	140	0.61	0	6.01
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	4.75	4	24.0
Baseball Card	1	*N/A*	*N/A*	*N/A*	*N/A*
SALAD MIX	1/2 CUP	6	0.49	0	1.04
BROCCOLI FRESH	1/2 CUP	15	1.14	1	2.92
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
ORANGE BITES:138ct	1/2 cup	63	3.20	*N/A*	15.66
FRUIT MIX XTRA LT USDA 1/2 C	1/2 CUP	60	0.00	13	17.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
MUSTARD	1 TBSP	0	0.00	0	0.0
Weighted Daily Average		403	7.13	*31	80.60
% of Calories				*30.9%	80.0%
Nutrient Guideline		400-500			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 7

Generated on: 4/10/2017 1:31:00 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
Fri - 04/21/2017					
K-5 BREAKFAST	Total				
PANCAKE WW USDA	2 EACH	160	2.00	7	27.4
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
PEARS XTRA LT SL USDA 1/2 C	1/2 CUP	60	2.00	12	15.0
ORANGE WHOLE:138ct	1/2 EACH	31	1.60	*N/A*	7.83
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
K-5 Lunch	Total				
TROUT TREASURES WG	4 EACH	228	1.98	1	17.84
POTATO CRINKLE WEDGE USDA	1/2 CUP	140	2.00	0	22.0
BREADSTICK WG RICH'S 1 OZ	1 EACH	70	1.50	1	13.0
CORN DOG CHICKEN	1 corn dog	243	5.06	5	30.37
SAND COLD TUNA WHITE WG	1 sandwich	369	2.00	*2	28.0
SALAD ENT CHEF USDA EL	PORTION	169	1.92	2	11.2
ROLL DINNER WG 1.75 G RICH'S	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
PEAS GREEN FROZEN 1/2 C	1/2 CUP	62	4.40	*N/A*	11.41
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
APPLE 125-138 CT-HALF	1 EACH	65	2.50	*N/A*	17.0
BANANAS PETITE:150ct	1 EACH	105	3.07	*N/A*	26.95
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
MAYONNAISE RED FAT USDA	1 tsp	23	0.00	0	0.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
MUSTARD	1 TBSP	0	0.00	0	0.0
Weighted Daily Average		279	4.52	*26	49.69
% of Calories				*36.9%	71.4%
Nutrient Guideline		400-500			

Mon - 04/24/2017					
K-5 BREAKFAST	Total				
PIZZA BRKFST SAUSAGE WG:K12	1 slice	210	2.00	9	26.0
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
APPLESAUCE CND UNSWT USDA	1/2 CUP	53	1.03	11	14.46
ORANGE WHOLE:138ct	1/2 EACH	31	1.60	*N/A*	7.83
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 8

Generated on: 4/10/2017 1:31:00 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
K-5 Lunch	Total				
BOWL CHICK NUG POTATO USDA-NEW	SERVING	373	3.59	3	43.04
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	4.75	4	24.0
SAND HOT CHICK PATTY USDA	1 sandwich	338	4.00	3	40.0
SAND COLD HAM WHITE WG USDA	1 EACH	287	2.00	3	31.31
SALAD ENT CHEF SYS EL	PORTION	180	1.42	2	10.1
ROLL DINNER WG 1.75 G RICHS	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
BROCCOLI FRESH	1/2 CUP	15	1.14	1	2.92
CELERY STICKS	1/2 cup	12	1.19	1	2.2
GRAPES WHOLE	1/2 cup	57	0.77	14	14.59
BEANS GREEN CND USDA 1/2 C	1/2 cup	14	1.70	1	2.89
CUCUMBER SLICES	1/2 cup	10	0.34	1	2.47
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
Weighted Daily Average		341	3.98	*33	59.18
% of Calories				*38.6%	69.4%
Nutrient Guideline		400-500			

Tue - 04/25/2017					
K-5 BREAKFAST	Total				
PARFAIT STRAWBERRY BANANA:K12	1 parfait	295	4.67	*N/A*	63.3
CRACKER GRAHAM:2pk	2 pkg	172	1.91	*N/A*	30.55
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
PINEAPPLE TIDBITS CND	1 CUP	135	1.93	29	30.86
APPLE 125-138 CT	EACH	130	5.00	*N/A*	34.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
K-5 Lunch	Total				
BURRITO BEAN & CH SCR 8" SYS	1 EACH	299	5.77	2	34.85
HOT DOG TURKEY WW WHITE	1 EACH	270	2.00	3	27.0
SAND COLD TURKEY WHITE WG USDA	1 EACH	273	2.00	3	31.91
SALAD ENT CHICK CAESAR USDA EL	PORTION	103	0.61	0	6.01
CRACKER SCOOPY GRAHAM SNACK	1 EACH	120	1.00	*N/A*	21.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
BROCCOLI FRESH	1/2 CUP	15	1.14	1	2.92
ORANGE BITES:138ct	1/2 cup	63	3.20	*N/A*	15.66
STRAWBERRIES	1/2 cup	24	1.52	4	5.84
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
MAYONNAISE RED FAT USDA	2 tsp	47	0.00	0	0.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 9

Generated on: 4/10/2017 1:31:00 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
Weighted Daily Average % of Calories		550	8.62	*37 *26.8%	116.30 84.6%
Nutrient Guideline		400-500			

Wed - 04/26/2017					
K-5 BREAKFAST	Total				
SAND BRKFST EGG/CH BUN SYS	1 EACH	271	2.00	*3	27.01
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
FRUIT MIX XTRA LT USDA 1 C	1 CUP	120	0.00	26	34.0
BANANAS:150ct	1 EACH	0	0.00	0	0.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
K-5 Lunch	Total				
WAFFLES:2G	2 waffles	200	3.00	4	32.0
EGG SCRAMBLED	1/4 CUP	105	0.00	*N/A*	0.0
SAND BURGER CHEESE SYS EL	1 EACH	315	2.00	3	29.0
SAND COLD AMER SUB WWW USDA EL	1 EACH	270	2.20	*4	30.01
SALAD ENT CHEF USDA EL	PORTION	169	1.92	2	11.2
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
BEANS GARBANZO 1/2 CUP	1/2 CUP	166	0.00	0	27.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
APPLE 125-138 CT-HALF	1 EACH	65	2.50	*N/A*	17.0
PINEAPPLE TIDBITS CND	1/2 CUP	68	0.96	14	15.43
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
Weighted Daily Average % of Calories		386	1.99	*33 *34.6%	60.08 62.2%
Nutrient Guideline		400-500			

Thu - 04/27/2017					
K-5 BREAKFAST	Total				
BRKFST UBR CINNAMON 1 GRAIN	1 EACH	160	3.75	11	26.01
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
ORANGE WHOLE:138ct	1/2 EACH	31	1.60	*N/A*	7.83
PINEAPPLE TIDBITS CND	1/2 CUP	68	0.96	14	15.43
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 10

Generated on: 4/10/2017 1:31:00 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
K-5 Lunch	Total				
SPAGHETTI & MEATBALL USDA EL	pasta+meatballs	268	4.62	3	25.94
SAND HOT CHICK PATTY USDA	1 sandwich	338	4.00	3	40.0
SAND COLD TURKEY WHITE WG USDA	1 EACH	273	2.00	3	31.91
SALAD ENT TACO BEEF USDA EL	1 SALAD	407	4.48	*1	35.73
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
GELATIN RED	1/2 CUP	71	0.00	17	17.18
Baseball Card	1	*N/A*	*N/A*	*N/A*	*N/A*
SALAD MIX	1/2 CUP	6	0.49	0	1.04
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
CORN WHOLE KERNEL CND 1/2 C	1/2 CUP	78	2.20	3	18.0
ORANGE BITES:138ct	1/2 cup	63	3.20	*N/A*	15.66
APPLESAUCE CND UNSWT USDA	1/2 CUP	53	1.03	11	14.46
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
MUSTARD	1 TBSP	0	0.00	0	0.0
Weighted Daily Average		329	5.33	*35	58.60
% of Calories				*42.7%	71.2%
Nutrient Guideline		400-500			

Fri - 04/28/2017					
K-5 BREAKFAST	Total				
PANCAKE ON A STICK: TRK SSG WG	1 EACH	170	3.00	6	18.0
CEREAL COLD CHEERIOS FRUITY	1 bowl	123	2.06	*N/A*	26.75
CEREAL COLD FRST MIN WHEAT 1OZ	1 OZ	101	3.04	6	24.3
CEREAL COLD CIN TOAST CRCH 1OZ	1 EACH	110	2.00	8	22.0
TOAST BUTTERY	1 toast	89	2.00	*N/A*	14.0
APPLE 125-138 CT	EACH	130	5.00	*N/A*	34.0
PEACHES XTRA LT DCD USDA 1/2 C	1/2 CUP	53	1.30	13	13.99
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
MILK WHITE FF DARIGOLD	HALF PINT	90	0.00	12	13.0
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Sodexo K-12 Nutrition Program

Apr 10, 2017 thru Apr 28, 2017

Base Menu Spreadsheet

Combined: K-5 BREAKFAST/K-5 Lunch

Portion Values - Detailed

Page 11

Generated on: 4/10/2017 1:31:00 PM

	Portion Size	Cals (kcal)	Fiber (g)	Sugars (g)	Carb (g)
K-5 Lunch	Total				
SAND COLD ALL AMERICAN SUB	1 PORTION	378	4.40	*1	34.6
CHIP TORTILLA:bulk	2 oz	283	2.02	0	34.42
CORN DOG CHICKEN	1 corn dog	243	5.06	5	30.37
SAND COLD ITALIAN SUB USDA EL	1 EACH	310	2.20	*3	28.14
SALAD ENT CHEF USDA EL	PORTION	169	1.92	2	11.2
ROLL DINNER WG 1.75 G RICHES	1 EACH	140	4.75	4	24.0
COOKIE CHOC CHIP 1 OZ	1 EACH	110	0.00	9	19.0
SALAD MIX	1/2 CUP	6	0.49	0	1.04
PEAS GREEN FROZEN 1/2 C	1/2 CUP	62	4.40	*N/A*	11.41
APPLE 125-138 CT-HALF	1 EACH	65	2.50	*N/A*	17.0
BANANAS PETITE:150ct	1 EACH	105	3.07	*N/A*	26.95
CARROTS BABY FRESH	1/2 cup	25	2.05	3	5.78
MILK CHOCOLATE FF DARIGOLD	HALF PINT	130	0.00	22	24.0
MILK WHITE 1% DARIGOLD	HALF PINT	110	0.00	12	13.0
DRESSING ITALIAN	1 TBSP	5	0.00	*N/A*	1.5
DRESSING RANCH	1 TBSP	50	0.00	0	1.0
KETCHUP USDA	1 TBSP	20	0.00	4	4.0
MUSTARD YELLOW PREPARED	1 TSP	0	0.00	*N/A*	0.0
MAYONNAISE RED FAT USDA	1 tsp	23	0.00	0	0.0
SALSA BASE:cnd	1/8 cup	10	0.70	*0	2.32
Weighted Daily Average		364	6.30	*30	63.25
% of Calories				*33.4%	69.6%
Nutrient Guideline		400-500			

Weighted Average		387	5.07	*33	69.65
				*77.1%	72.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	387		400 - 500	97%		14		
Fiber (g)	5.07							Correction Required -
Sugars (g)	33	34.28%			Missing			Calories are Low
Carbohydrate (g)	69.65	72.07%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.