

Deer Park Middle School

September 9-13

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

DAILY SPECIALS



- MONDAY** Popcorn Chicken with baked fries and choice of Sweet and Sour Sauce or Chipolte BBQ Sauce
- TUESDAY** French Toast with Scrambled Eggs
- WEDNESDAY** Chicken Fajita with Cilantro Lime rice
- THURSDAY** Beefy Mac Casserole with Breadstick
- FRIDAY** Grilled Cheese & Creamy Tomato Soup **V**

EVERYDAY CHOICES



Cheese Pizza
Pepperoni Pizza

- MONDAY** BBQ Chicken Pizza
- TUESDAY** Hawaiian Pizza
- WEDNESDAY** Cheeseburger Pizza
- THURSDAY** Vegetable Pizza **V**
- FRIDAY** Supreme Pizza



EVERYDAY CHOICES

Cheeseburger
Chicken Patty Sandwich

- MONDAY** BBQ Riblet Sandwich
- TUESDAY** Fishwich
- WEDNESDAY** Fiesta Lime Chicken Sandwich
- THURSDAY** Atomic Burger
- FRIDAY** Western Burger



EVERYDAY CHOICES

Chef Salad
Chicken Caesar Salad

- MONDAY** Crispy Chicken Salad
- TUESDAY** Crispy Chicken Salad
- WEDNESDAY** Crispy Chicken Salad
- THURSDAY** Crispy Chicken Salad
- FRIDAY** Crispy Chicken Salad



EVERYDAY CHOICES

Club Sub
Veggie Sub

- MONDAY** Ham Sub
- TUESDAY** Turkey Sub
- WEDNESDAY** Ham Sub
- THURSDAY** Turkey Sub
- FRIDAY** Ham Sub

V Vegetarian
SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

